

Summary/Description

The Advocate Health Care (AHC) **Julie Schaffner Nursing Research Fellowship** series is a research skill development program designed to support clinical staff nurses over a five month project period. Nurses will receive education specific to the research process from the identification of the research question through the completion of an IRB application or implementation of an evidence-based practice (EBP) project. The workshop series will support research and/or EBP skill development through education, mentoring, and project assistance by members of the Advocate Nursing Research Council (NRC). The outcome of this program will be the evolution of a nursing culture that values nursing research and EBP across Advocate Health Care.

Any nurse with a relevant clinical practice question is eligible. The fellowship attendees must commit to attend educational programs, to engage in mentoring and consultation sessions with members of the Advocate Nursing Research Council as appropriate, and to implement nursing research or complete an EBP project. The fellowship series will provide fifty-six hours salary support for educational programs, mentoring sessions and research-related activities over a 5-month period, effectively providing release time for the nurses.

Fellowship Objectives

- ◆ Foster professional growth and development of staff nurses in Advocate Health Care through the acquisition of research and/or EBP skills;
- ◆ Integrate research and EBP processes into clinical practice by skill building through development, implementation and evaluation of a clinically relevant project;
- ◆ Describe components of the research process and the relationship of these components to nursing excellence;
- ◆ Demonstrate selected research-related skills such as performing literature searches, critiquing research articles, developing an integrated literature review, preparing an EBP project proposal or IRB application (as applicable);
- ◆ Identify and utilize the research support services available in or leveraged through (e.g. faculty relationships) Advocate Health Care.



Eligibility Criteria

Applicants must meet the following eligibility requirements:

- ◆ Expressed interest in learning about the use of research and other evidence in nursing practice
- ◆ Director and Manager endorsement
- ◆ BSN preferred but not required
- ◆ Basic computer skills (Word, e-mail, Internet)
- ◆ Minimum 12 months employment at an Advocate facility
- ◆ Minimum 0.5 FTE status

Selected applicants will be awarded **56 hours of release time** to devote to the development, implementation and dissemination of a research study or EBP project.

- ◆ **August 9:** 8-hour class
- ◆ **September 13:** 4 hour class time plus 4 hours computer/homework time
- ◆ **October 11:** 4 hours class time plus 4 hours computer/homework time
- ◆ **October 25:** 4 hours class time plus 4 hours computer/homework time
- ◆ **November 8:** 4 hours class time plus 4 hours computer/homework time
- ◆ **November:** 8 hours of homework time available to be used at the fellows discretion
- ◆ **December 13:** 4 hours class time plus 4 hours of fellow presentations

As required by the American Nurses Credentialing Center's Accreditation Program, we would like to make you aware of all potential conflicts of interest. None of the presenters or planners of this program have any conflicts of interest to report. Advocate Health Care (OH-368, 10/1/2014) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Up to 25 contact hours will be awarded for successful completion of this program, which includes attendance, completion of an evaluation tool and participation in class activities.



Application Guidelines

The workshop applicant will:

- **Complete a Demographic Form with the site Advocate Nursing Research Council Member**
 - ◆ Name, address, telephone numbers
 - ◆ Education
 - ◆ Work experience
 - ◆ Research/EBP related experiences
 - ◆ Publications/presentations
 - ◆ Certifications/honors
 - ◆ Professional memberships
 - ◆ Previous research courses, such as undergraduate research course
 - ◆ Describe the relevance or need for the potential project as it relates to the clinical setting
 - ◆ Applicants describe the proposed research question/project and its potential for improving patient care and/or nursing practice
- **Obtain a letter of recommendation from the Manager with Director and CNE endorsement & signatures**
 - ◆ A letter of support from applicant's immediate manager.
 - ◆ The letter should address the manager's confidence in the staff nurse's leadership skills and ability to complete the project in question and to act as a "change agent" in the clinical area for project dissemination following completion.
 - ◆ The letter should include the managers director's signature if applicant doesn't report to the director and the CNE Signature

Applications are now available!

Contact your site Advocate Nursing Research Council member or visit Nurses Online or visit **NursesOnline**

<http://nursesonline.advocatehealth.com>

Expectations and Outcomes

By completion of the 5-month period it is expected that the nurse will:

- Begin an IRB application or Evidence Based Practice Project
- Construct a timeline for conducting the project.
- Provide a written update to the Advocate Healthcare Nursing Research Council in June, 2014 following the fellowship program
- By completion of the 9-month period post fellowship it is expected that the nurse will:
 - ◆ Submit an IRB application or complete an Evidence Based Practice Project.
 - ◆ Write a project summary to be featured on the Advocate Nurses online website

Julie Schaffner, RN, MSN, FACHE

This fellowship program is named in her memory.



Julie Schaffner joined Advocate Lutheran General in 1986 and over the years has left a lasting impression of devotion to nursing transformational leadership and an enthusiastic drive to motivate others and provide opportunities for professional growth to develop the best nurses in the world.

Sponsored by:

Advocate BroMenn Medical Center
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SpecWorks is providing sponsorship for this nursing research fellowship opportunity and is underwriting the cost of lunch and the program materials.

2013

Julie Schaffner
 Nursing Research
 Fellowship

Do you have a clinical question you always wanted answered?

Come and learn how you can research the answer.

Welcoming all inquiring minds!

WORKSHOP DATES

Illinois Masonic Medical Center
 Friday, August 9, 2013

Kensington Support Center
 Friday, September 13, 2013
 Friday, October 11, 2013
 Friday, October 25, 2013
 Friday November 8, 2013
 Friday, December 13, 2013